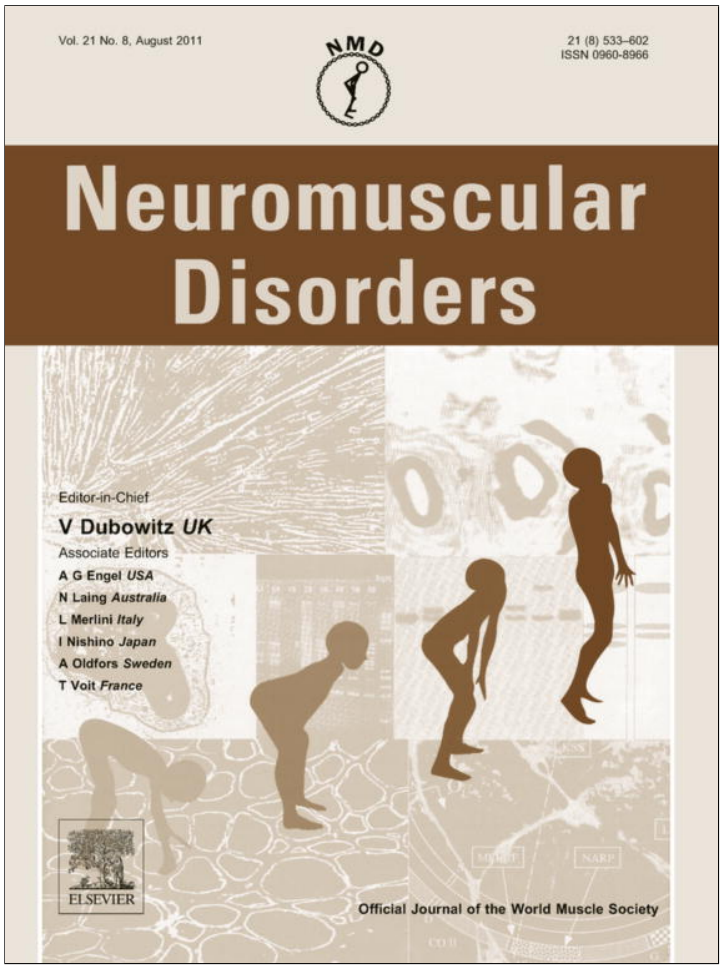

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Inflammatory changes in infantile-onset *LMNA*-associated myopathy

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Abstract

Mutations in *LMNA* cause wide variety of disorders including Emery–Dreifuss muscular dystrophy, limb girdle muscular dystrophy, and congenital muscular dystrophy. We recently found a *LMNA* mutation in a patient who was previously diagnosed as infantile onset inflammatory myopathy. In this study, we screened for *LMNA* mutations in 20 patients suspected to have inflammatory myopathy with onset at 2 years or younger. The diagnosis of inflammatory myopathy was based on muscle pathology with presence of perivascular cuffing and/or endomysial/perimysial lymphocyte infiltration. We identified heterozygous *LMNA* mutations in 11 patients (55%), who eventually developed joint contractures and/or cardiac involvement after the infantile period. Our findings suggest that *LMNA* mutation should be considered in myopathy patients with inflammatory changes during infancy, and that this may help avoid life-threatening events associated with laminopathy.

Keywords: Inflammatory myopathy; Laminopathy; Emery–Dreifuss muscular dystrophy; Limb girdle muscular dystrophy; Congenital muscular dystrophy; *LMNA*; Infantile; Pathology; Steroid therapy; Muscle image

1. Introduction

Laminopathy is a group of disorders caused by mutations in the *LMNA* gene encoding A-type lamins that includes autosomal forms of Emery–Dreifuss muscular dystrophy (AD- and AR-EDMD) and limb girdle muscular dystrophy type 1B (LGMD1B). EDMD is characterized by the triad of: (1) early contractures of the elbows, Achilles tendons, and posterior cervical muscles; (2) slowly progressive muscle weakness and atrophy that begins in a humeroperoneal distribution; and (3) cardiomyopathy with conduction defects which culminates in complete heart block and atrial paralysis [1]. LGMD1B patients show progressive proximal dominant muscle involvement and

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cardiomyopathy with conduction defects, but joint contracture is not prominent. The onset of these diseases is usually 2 years or later. Recently, *LMNA*-related congenital muscular dystrophy (L-CMD) was reported as a novel and severe form of laminopathy [2]. L-CMD has variable severity and can be divided in two main groups: a severe group with absent motor development and patients with dropped-head syndrome.

We recently came across an infantile-onset laminopathy patient with marked mononuclear cell infiltrations in his muscle mimicking inflammatory myopathy (Patient 1 in Table 1, Fig. 1A). This patient showed hypotonia and delayed motor milestones with elevation of serum CK levels from 3 months of age. Although, he became ambulant at 15 months of age, he presented proximal dominant muscle weakness and atrophy with no dropped-head at 2 years of age. Corticosteroid therapy was started based on the muscle pathological findings that had beneficial effects on his motor development. *LMNA* gene analysis was done at 6 years of age when his ankle and elbow joint contractures appeared and a heterozygous p.Glu358Lys mutation was identified.

From this result, we screened *LMNA* mutation in the 20 patients with the onset at 2 years or younger who were pathologically suspected as inflammatory myopathy.

2. Patients and methods

2.1. Patients

All clinical materials used in this study were obtained for diagnostic purposes and written informed consent was obtained from guardians of all patients. This work was approved by the Ethical Committee of National Center of Neurology and Psychiatry (NCNP). We retrospectively recruited patients with onset at 2 years or younger who were pathologically suspected to have inflammatory myopathy from a total of 10,874 muscle biopsies stored in the

Table 1
Clinical, radiological, and genetic findings of patients with *LMNA* mutations and inflammatory changes.

Patient #/gender/ *LMNA* mutations	Age at onset /age at biopsy/ age at last consultation	Initial signs/ CK at biopsy	Muscle pathology	Steroid treatment: responsiveness/ age at start of administration/ duration of administration	Age at acquired ambulation/ maximum motor ability	Cardiac involvement	Joint contracture	Respiratory dysfunction	CT/MRI (age)/imaging at thigh	CT/MRI (age)/imaging at calf
1/M/E358K*	3 m/2 y/11 y	Motor delay/900	IC: marked, diffuse; NR: moderate; Fib: mild	Effective/2 y/9 y	15 m/Ambulant	No	6 y: Ankles, elbows, 8 y: rigid spine	No	MRI (8 y)/ selective involvement of VL, VI, VM	MRI (8 y)/ selective involvement of SO, mGC
2/M/R249W*	10 m/10 m/12 y (Died by respiratory failure)	Motor delay/1000	IC: marked, pathy; NR: mild; Fib: mild	Effective/10 m/11 y	Unknown/ambulant	9 y: Heart failure	4 y: Ankles, knees	9 y: Nocturnal NPPV	ND	ND
3/M/N39D	11 m/1 y/16 y	Motor delay/1100	IC: marked, pathy; NR: marked; Fib: mild	Effective/1 y/15 y	18 m/Ambulant	13 y: 200B0 A–V block, 15 y 3° A–V block, pacemaker implantation	1 y: Ankles, knees, hips, Rigid spine from childhood	No	CT (13 y)/DI with relative sparing of RF, GR, SA	CT (13 y)/DI
4/F/R249Q*	2 y/2 y/15 y	High CK/2000	IC: moderate, focal; NR: moderate; Fib: moderate	Effective/3 y/6 m	14 m/Ambulant	12 y: 1° A–V block	3 y: Ankles, 8 y: elbows	No	CT (6 y)/DI with relative sparing of RF, GR	CT (6 y)/ selective involvement of SO, mGC
5/M/R28Q	5 m/1 y/11 y	Motor delay/800	IC: marked, pathy; NR: moderate; Fib: moderate	Ineffective/1 y/2 y	18 m/9 y: Inability to walk	Atrial fibrillation, A–V block, PAC, PVC	No	No	CT (11 y)/DI with relative sparing of RF, GR, SA	ND
6/M/R41S	9 m/1 y/13 y	Motor delay/900	IC: moderate, diffuse, NR: moderate Fib: moderate	Ineffective/1 y/8 y	16 m/9 y: Inability to walk	11 y: PSVT attack	6 y: Ankles, elbows	11 y: Nocturnal NPPV	MRI (10 y)/ DI/DI	MRI (10 y)/ DI/DI
7/F/K32del*	1 y/2 y/6 y	Unsteady gait/800	IC: mild, focal; NR: mild; Fib: mild	Ineffective/2 y/8 m	15 m/5 y: Inability to walk	No	2 y: Ankles	No	CT (4 y)/DI with relative sparing of RF, GR/Selective involvement of SO, mGC	CT (4 y)/DI with relative sparing of RF, GR/Selective involvement of SO, mGC
8/M/R249W*	11 m/1 y/24 y (Died by arrhythmia)	Motor delay/600	IC: marked, pathy; NR: mild; Fib: moderate	Ineffective/1 y/unknown	2 y/12 y: Inability to walk	17 y: 2° A–V block, 23 y complete A–V block	17 y: Ankles, knees	No	ND	ND
9/F/L292P	1 y/8 y/10 y	Motor delay/300	IC: mild, focal; NR: moderate; Fib: marked	Unadministered	16 m/4 y: Inability to walk	6 y: LV dysfunction, 8 y: PAC, PVC	No	No	MRI (8 y)/DI with relative sparing of RF, GR, SA	MRI (8 y)/DI
10/F/R377C*	2 y/4 y/7 y (Died by heart failure)	Unsteady gait/1000	IC: moderate, focal; NR: moderate; Fib: moderate	Unadministered	10 m/ambulant	7 y: DCM (EF:32%)	5 y: Ankles	No	ND	ND
11/F/N456H	2 y/5 y/10 y	Unsteady gait/3000	IC: moderate, focal; NR: moderate; Fib: marked	Unadministered	12 m/ambulant	No	6 y: Ankle, knee, neck, 8 y: rigid spine	No	MRI (10 y)/ DI with relative sparing of RF, GR, SA	MRI (10 y)/ DI

A–V block = atrioventricular conduction block, CK = creatine kinase, CT = computed tomography, DI = diffuse involvement, EF = ejection fraction, Fib = endomysial fibrosis, GR = gracilis, IC = inflammatory cellular infiltration, LV = left ventricle, mGC = medial head of gastrocnemius, MRI = magnetic resonance imaging, NPPV = noninvasive positive-pressure ventilation, NR = necrotic and regenerating process, PAC = premature atrial contraction, PSVT = paroxysmal supraventricular tachycardia, PVC = premature ventricular contraction, RF = rectus femoris, SA = Sartorius, SO = soleus, VI = vastus intermedius, VL = vastus lateralis, VM = vastus medialis.

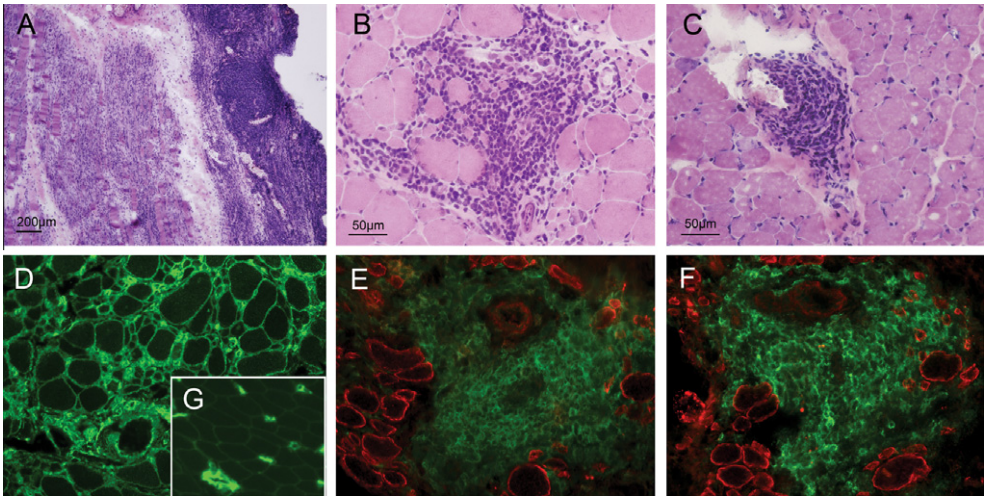

Fig. 1. Inflammatory cellular infiltration observed in the patients with *LMNA* mutations on hematoxilin and eosin staining (A: Patient 1, B: Patient 3, C: Patient 9). Serial frozen sections of muscle from Patient 5 were immunostained with HLA-ABC (D), double immunostained with CD4 (green) and dystrophin (red) (E), and CD20 (green) and dysrophin (red) (F). HLA-ABC stain in control muscle is shown in (G).

National Center of Neurology and Psychiatry. The diagnosis of inflammatory myopathy was based upon the mononuclear cell infiltrations at perimysial, endomysial, and perivascular sites [3]. Patients suspected to have dermatomyositis with skin rash and/or perifascicular atrophy on muscle pathology were excluded in this study. Then we gathered a total of 20 patients including one patient (Patient 2) who had previously been reported as infantile polymyositis [4].

2.2. Histopathological studies

All biopsied samples were taken from biceps brachii. Muscle specimens were frozen in isopentane chilled in liquid nitrogen. Serial frozen sections were stained with hematoxylin and eosin, modified Gomori trichrome, and a battery of histochemical methods. Immunohistochemical analysis was performed as described previously [5]. Antibodies used in this study are: dystrophin (DMDP-II [6], DYS1, DYS2, and DYS3 from Novocastra, Newcastle upon Tyne, UK); sarcoglycans (SGCA, SGCB, SGCG, and SGCD: Novocastra); laminin-α2 chain (ALEXIS, Farmingdale, NY); α-dystroglycan (Upstate Biotech, Lake Placid, NY); caveolin-3 (BD Transduction Laboratories, Franklin Lakes, NJ); dysferlin (Novocastra); emerin (Novocastra); collagen VI (Novocastra); CD4 and CD8 (Nichirei, Tokyo, Japan); CD20, and HLA-ABC (DAKO, Glostrup, Denmark).

2.3. Mutational analysis of LMNA

Genomic DNA was extracted from either frozen muscles or peripheral lymphocytes using standard protocols [7]. All exons and their flanking intronic regions of *LMNA* were amplified by PCR and directly sequenced using automated 3130 sequencer (PE Applied Biosystem, Foster City, CA). Primer sequences are available upon request.

2.4. Clinical information

Clinical characteristics collected from attending physicians were demographic data, age of onset, initial signs, motor functions, presence of cardiac involvement, presence of joint contractures, respiratory function, effectiveness of steroid, and pertinent laboratory examinations including serum creatine kinase (CK), electrocardiogram, Holter electrocardiogram, and echocardiogram.

2.5. Muscle imaging

Muscle computed tomography (CT) or magnetic resonance imaging (MRI) was done with some modifications depending on the facilities in each hospital. Scans were performed at thigh (the largest diameter of thigh) and calf (the largest diameter of lower leg) levels. Involvement of each muscle was evaluated at both scan levels.

3. Results

Ten types of heterozygous single nucleotide substitutions in *LMNA* were identified in 11 of 20 patients. Four (p.Arg249Gln, p.Leu292Pro, p.Asn456His and p.Arg377Cys) mutations were previously reported in patients with AD-EDMD or LGMD1B, one (p.Arg249Trp) was found only in L-CMD patients, and two (p.Lys32del and p.Glu358Lys) were identified in AD-EDMD, LGMD1B, or L-CMD patients [2,8–10]. Another three (p.Arg28Gln, p.Asn39Asp, p.Arg41Ser,) were novel mutations and not detected in 300 control chromosomes. All 11 patients had neither consanguinity nor family history of myopathy or

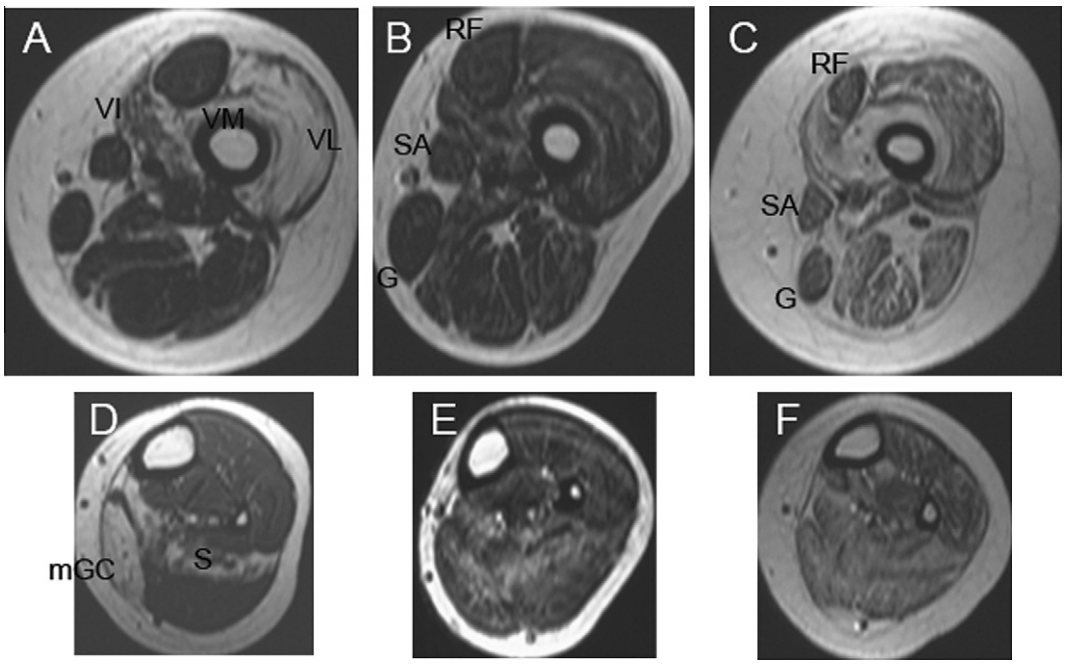

Fig. 2. Selective muscle involvement of thigh and calf muscles. Transverse sections of T1 weighted magnetic resonance imaging of thigh (A–C) and calf (D–F) in patients with *LMNA* mutations. Selective involvements of vastus lateralis (VL), vastus intermedius (VI), vastus medialis (VM), soleus (S), and medial head of gastrocnemius (mGC, A, D: Patient 1), relatively mild and diffuse involvements with relative sparing of rectus femoris (RF), gracilis (G), sartorius (SA, B, E: patient 11), and diffuse and severe involvement with relative sparing of rectus femoris, gracilis, sartorius (C, F: patient 9) are observed.

cardiomyopathy. DNA samples from the parents of 11 patients were not available.

Table 1 shows clinical summary of the 11 patients with *LMNA* mutations. Initial clinical signs were motor developmental delay or progressive muscle weakness. Head drop was not observed in any patient. Serum CK levels were mildly to moderately elevated in all patients. Joint contractures, spinal rigidity, and cardiac involvement were not observed at the time of the biopsy but became prominent in some patients in later age. Importantly, Patient 6 had an episodic paroxysmal supraventricular tachycardia during general anesthesia at age 11 years, and Patient 3 received pacemaker implantation due to complete atrioventricular conduction block at age 15 years. Patient 8 succumbed to sudden death due to arrhythmia at age 24 years and Patient 10 died by cardiac failure at age 7 years. Two patients developed chronic respiratory failure requiring non-invasive positive-pressure ventilation. Patient 2 died by respiratory failure at age 12 years. Steroid was used in eight patients but beneficial effects such as improvement of muscle power and reduction of serum CK levels were seen only in four.

On muscle biopsy, the most striking inflammatory change was observed in Patient 1 showing numerous inflammatory cells predominantly located in the perimysial connective tissue (Fig. 1A). This finding was diffusely seen in the whole muscle specimen. The other 10 patients also showed variable degrees of mononuclear cellular infiltration with active necrosis and regenerating process (Fig. 1B, C, Table 1). Fiber size variation and endomysial fibrosis were also seen. Fiber type grouping, groups of atrophic fibers, and abnormal oxidative stains were not observed. Immunohistochemically, sarcolemmal HLA staining was increased in many fibers in all patients examined (Fig. 1D). Infiltrated mononuclear cells were positive for lymphocyte markers of CD4 (Fig. 1E), CD8 (data not shown), or CD20 (Fig. 1F). No abnormal immunostaining was seen for the antibodies associated with muscular dystrophy (data not shown).

Muscle imaging was performed in relatively later stages of the disease in eight out of 11 patients with *LMNA* mutations (Fig. 2). At the level of thigh, Patient 1 showed selective involvement of vastus lateralis, vastus intermedius and vastus medialis. Patient 6 showed diffuse involvement of all thigh muscles. The remaining six patients showed diffuse involvement of thigh muscles with relative sparing of sartorius, gracilis and rectus femoris. At lower leg levels, three patients (Patients 1, 4, and 7) showed selective involvement of soleus and medial head of gastrocnemius. The remaining four patients showed diffuse involvement of calf muscles.

4. Discussion

In our series, surprisingly, more than half of the infantile patients showing inflammatory changes are due to *LMNA* mutations. Prominent mononuclear cell infiltrations can sometimes be evident in biopsies from muscular dystrophy patients including CMD, LGMD, and facioscapulohumeral muscular dystrophy, leading to misdiagnosis of inflammatory myopathy [11–16]. Apparently, however, frequency of inflammatory changes is much higher in infantile striated muscle laminopathy patients, suggesting a possibil-

ity that *LMNA* mutations may cause active inflammation in skeletal muscle during infancy by a certain mechanism. In support of this notion, three of 15 L-CMD patients report by Quijano-Roy et al. had inflammatory cell infiltration [2]. In Patients 4, 7, 9, 10 and 11, muscle biopsies were done at the age of 2 years or later and inflammatory changes were relatively milder compared to the other earlier biopsies. These findings suggest that severities of inflammation may be related to the age of biopsies.

Inflammatory myopathy manifesting with muscle weakness starting during infancy is a poorly defined muscle disorder and limited number of patients were described in the literature [4,17–20]. Thompson emphasized that responsiveness to corticosteroid is one of the crucial findings that define the infantile myositis [17]. However, this is unlikely to be always the case as some of our laminopathy patients, who were initially diagnosed as infantile-onset inflammatory myopathy also showed some clinical improvement by corticosteroid therapy. Good response to steroids is not only a feature of myositis but can also be seen in other muscular dystrophies including Duchenne muscular dystrophy. Therefore, the possibility of laminopathy should not be excluded solely based upon steroid responsiveness. Interestingly, all steroid-responsive patients were ambulant whereas non-responsive patients could not walk, which might imply some genotype–phenotype correlation. Nonetheless, the correlation between genotype and steroid responsiveness cannot be discussed at this moment as all patients for whom steroid was used had distinct mutations. In any case, corticosteroid therapy could be considered for infantile striated muscle laminopathy patients as some patients respond, although its long-term efficacy is still unknown.

The p.Arg249Trp mutation found in this study was previously reported in L-CMD patients [2], but not in AD-EDMD or LGMD1B. In contrast, p.Glu358Lys mutation has also been reported with extremely variability of phenotypes, including AD-EDMD, LGMD1B, or L-CMD [10]. Thus, the same mutation can result in different phenotypes and severities. These findings raise a possibility that other unknown factor(s) may play a role in the development of laminopathy phenotype.

Muscle imaging demonstrated selective muscle involvement in all eight patients examined. Vastus lateralis and intermedius were markedly affected, while involvement of adductor magnus was minimal. In addition, medial head of the gastrocnemius was remarkably involved while lateral head was relatively spared in most patients. This selective muscle involvement is basically identical to that observed in AD-EDMD/LGMD1B patients [21] and may be helpful for the diagnosis of laminopathy in children.

Cardiomyopathy with conduction defects is a common serious clinical problem in patients with EDMD and LGMD1B [1]. In the present study, 8 of 11 patients developed cardiac complications such as arrhythmia and heart failure in their childhood and two died due to arrhythmia and heart failure, respectively. These findings clearly demonstrate that accurate diagnosis followed by periodic examination of cardiac function including electrocardiogram, holter electrocardiogram and echocardiogram, and appropriate implantation of defibrillators is necessary to avoid unexpected sudden death [22,23].

Our results expand clinical and pathological variation of striated muscle laminopathy and the inflammatory histology is an important diagnostic clue to the *LMNA* related myopathy patients. Further analysis is needed to elucidate the role of mutant A-type lamins in inducing inflammatory process during infancy.

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